



NMES Order Requirements

To Qualify:

Treatment of Muscle Atrophy

- Muscular wasting/disuse atrophy diagnosis codes (must be non-generic code)
 - Diagnosis code examples: M62.551, M62.521, M62.531 (not all inclusive)
- Coverage of NMES to treat muscle atrophy is limited to the treatment of disuse atrophy where nerve supply to the muscle is intact, including brain, spinal cord and peripheral nerves, and other non-neurological reasons for disuse atrophy. Some examples would be casting or splinting of a limb, contracture due to scarring of soft tissue as in burn lesions, and hip replacement surgery.

To Order, fax the following info to (314)832-1430:

1) Script

2) Chart notes to back script:

Under **Treatment Plan** please dictate (can be done in therapy notes if doctor signs off and agrees with the plan of care):

- “*Ordering a neuromuscular stimulator to treat muscle atrophy due to _____*” (examples: casting or splinting of a limb, contracture due to scarring of soft tissue as in burn lesions, hip replacement surgery, ACL surgery, etc.)
- Location of atrophy

3) Face Sheet including demographics & insurance