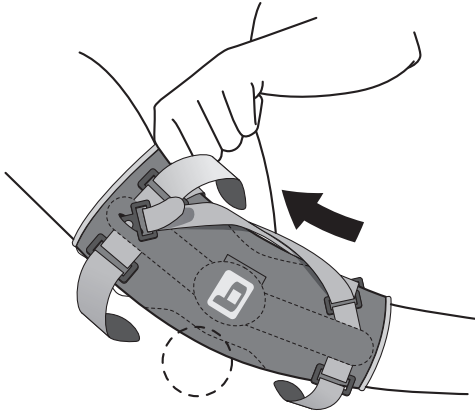


# Hinged Elbow Brace

## Application Instructions

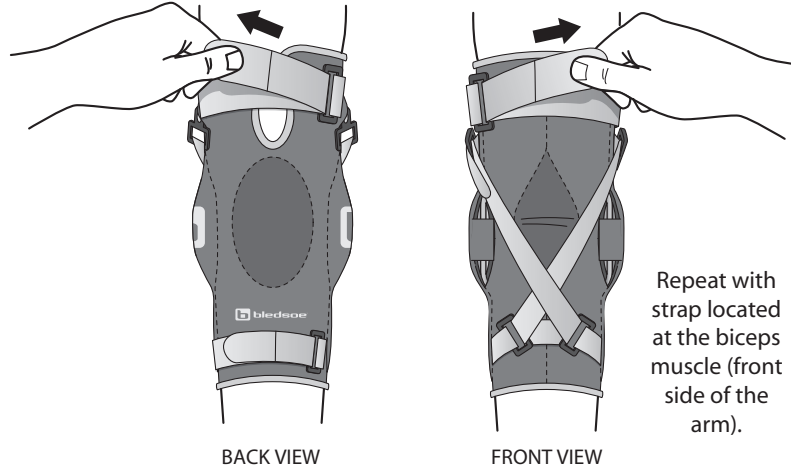
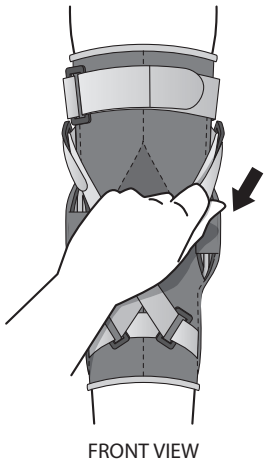
### 1. APPLY BRACE

Loosen all straps. Slip brace onto affected arm.



### 2. POSITION THE BRACE

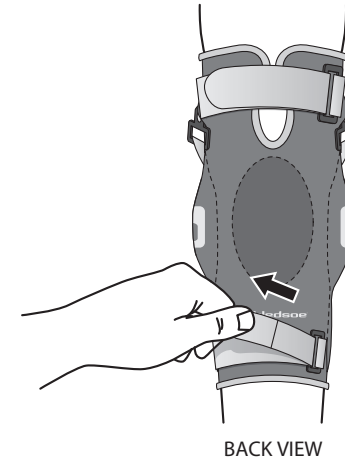
Align the hinges with the center of the elbow joint.



Repeat with strap located at the biceps muscle (front side of the arm).

### 3. SECURING UPPER STRAPS

Start with the strap located on the back of the brace, closest to the triceps muscle (back side of the arm). Loop the strap through the D-ring, pull back to tighten and press to close.



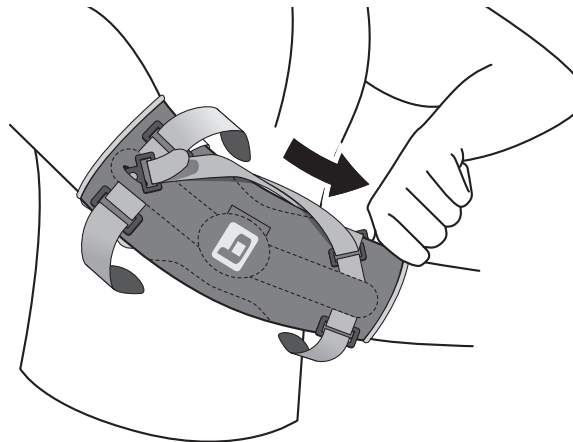
### 4. SECURE LOWER STRAP

Locate the strap at the forearm. Loop the strap through the D-ring, pull back to tighten and press to close.

### 5. SECURE CROSS STRAPS

Begin with the outside cross strap first, loop the strap through the D-ring, pull back to tighten and press to close.

Repeat for cross strap located closest to the inside of the arm.



### 6. REMOVE THE BRACE

Loosen all straps and slide brace off the arm, over the hand.



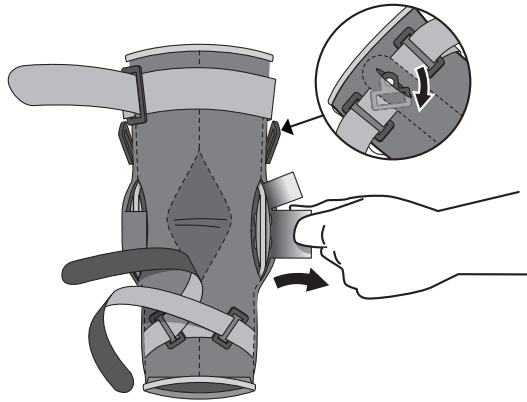
Council Directive 93/42/EEC  
of 14 June 1993 concerning  
Medical devices

*Note:* Final positioning should be determined by a medical professional.

**Range-of-motion can be controlled with provided hinge stops.**

# Hinged Elbow Brace

## Application Instructions

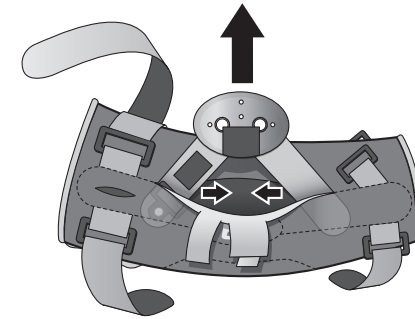


### 7. REMOVE THE HINGES

Begin with the hinge on the outside of the brace. Undo the cross strap by pulling it out of the D-ring, the hinge pocket.



Grasp the center of the hinge and turn it so the hinge flips over and the Velcro is facing up.



Depress the hinge, folding it in while simultaneously pulling the hinge out of the pocket.

Repeat on the opposite hinge.

This device is offered for sale by or on the order of a physician or other qualified medical professional. This device is not intended for reuse on a second patient. This device is generally not intended to prevent injuries or reduce or eliminate the risk of reinjury.

**Indications:** For hyperextension prevention in injured athletes, chronic elbow injuries, elbow tendonitis, and post-elbow dislocations.

**Warning:** Federal Law Restricts this Device to Sale by or on the Order of a Licensed Health Care Practitioner.

**Warning:** For Single Patient Use Only.

**Caution:** Activity modification and proper rehabilitation are an essential part of a safe treatment program. If any additional pain or other symptoms occur while using this device, discontinue use and seek medical attention.

**Caution:** This device will not prevent or reduce all injuries.

**Caution:** Carefully read fitting instructions and warnings prior to use. To ensure proper performance of the brace, follow all instructions. Failure to properly position the brace

and fasten each strap will compromise performance and comfort.

**Caution:** This device has been developed for the indications listed above, and may be damaged by unusual activities such as sports, falls, or other accidents, or exposure of the hinges to debris or liquids. Do not leave this device in a car on a hot day, or in any other place where the temperature may exceed 150°F (65° C.) for any extended period of time. To avoid the risk of accident and possible injury to the patient, discontinue use if such an incident has occurred.

**Warranty:** This device is warranted to be free from defects in material and workmanship for a period of 90 days for wraps, pads and straps and normal wear components and 12 months on all other parts. These warranties apply to devices that have not been modified or subjected to misuse, abuse or neglect. This device is expressly subject to Bledsoe's Product Line Limited Warranty. Copies of this limited warranty can be obtained from your medical professional, via the internet at [www.BledsoeBrace.com](http://www.BledsoeBrace.com), or by calling 1.800.527.3666.