



MIAMI TLSO™

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Patient Guide 464

# Miami TLSO™

## Fitting Instruction 464

The Miami TLSO combines anatomical shape, maximum breathability and customized support. Superior immobilization is provided in an easy to use spinal brace.

The Miami TLSO should be applied according to the instructions from the supplying clinician. This fitting guide serves as a reminder to complement their instructions.

Before reapplying the brace and to ensure a proper fit, be sure the compression system is stretched to its full width by pulling the ends of the belt apart. Buckle(s) are attached once the brace is donned.

1. For over shoulder or dual strap configuration, pass left arm under left shoulder strap
2. The blue back panel should be centered on the spine, with the bottom just below your hip bones.
3. Closing the belt by using the quick-fit pocket. Ensure that the closures line up against each other and do not overlap.
4. Slide your thumbs through the blue holes in the pulley system handles, and pull outward until the brace is at the appropriate tightness.
5. Place the pulley system handles on the front of the belt
6. Attach strap buckle(s) on right chest pad/pectoral pad

## Removing the Miami TLSO™

1. Detach chest strap buckle
  2. Detach compression system handles and loosen. Affix them onto the belt after loosening.
  3. Detach the overlap closure and remove brace.
  4. Remove brace.
- Caution:** Do not over-tighten the compression system to the point where it causes discomfort or difficulty breathing.

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## Care Instructions

The Miami TLSO™ brace is designed for minimum maintenance and care.

- The padded covers may be removed from the rigid panel for washing.
- Hand washed in warm water (30°C) with mild detergent and rinse thoroughly .
- Air dry flat.
- Do not machine wash.
- Do not tumble dry.

**Note:** The pectoral pads can be removed from the ATE (i. e. for cleaning). To remove, pull and twist the pectoral pads until the ball snaps out of the socket. To reassemble, press the ball into the socket until it snaps back in place.

View the online patient fitting video at [www.ossur.com/miami-tlso-464](http://www.ossur.com/miami-tlso-464)



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